

Caring Souls Foundation is an official partner of StopTB , an UNOPS initiative which works globally against eradication of Tuberculosis . We support through mass awareness on preventive measures.

In fact 1.7 m people died from TB in 2018 alone – over 4100 deaths every day . An estimated 26,000 people are infected each day globally. Prevalence is highest in Africa & Asia- particularly in India, Bangladesh , Pakistan & China. It is well established fact that weak immune system is more susceptible to viruses / bacteria.

Under present unprecedented pandemic due to Corana virus where we have no medical knowledge available to control the spread & treat the affected patients. It is only our strong immune system that can save a person from fatal consequences of any deadly unknown viruses till we able to invent an effective vaccine .

It is widely established fact world over that through regular practice of YOGA , body's immunity gets stronger .

We are at Caring Souls Foundation reaching out to various Institutions across the country through our Health Awareness Programme for last two decades. Through Health Awareness Programmes we strongly advocate for regular physical activity along with YOGA practices to make the body – mind fit & helps develop strong immunity against any diseases. Encourage children inculcate & include a healthy habit (YOGA /physical activities) in their regular regimen for a stronger mind/ fit body throughout whole lifetime .

Institutions / parents can approach us for special programmes on YOGA sessions for your children to make their bodies invincible against any critical diseases or any illness.

Caring Souls Foundation have a team of renowned & dedicated Yoga practitioners who conduct programmes/ sessions on regular basis on Institution's request.

Once the situation gets back to normal , Institution are requested to contact us for (EOI) establishment of Yga centres in their campus for children. Even the facility can be made available to parents as well in evening time. The approach will make such YOGA centres (of Institutions) as economically viable model as well.

Also help the society to become healthy / built immunity against such catastrophic situation(like COVID -19 pandemic) , where only one's body immunity is capable of fighting the unknown viruses .

Let us join to make a healthy society through regular practice of YOGA activities on daily basis & develop a strong immune system .